

Ralph E. Waite Elementary School October 2021 Newsletter

Upcoming Dates:

- Friday, October 8: No School Staff Inservice Day
- Wednesday, October 20: Unity Day Wear Orange to Prevent Bullying & Promote Kindness, Acceptance & Inclusion
- Friday, October 29: Halloween Dress Up Day and Parade!



Leaders of the Month



Each month, we recognize students who demonstrate great character, being responsible in their decisions, being respectful in their words and actions, and being ready to learn each day. Students are recognized by their teachers and peers, and they each receive a special "buckeye" to honor their hard work and leadership. The buckeye is a symbol of leadership and a special tradition started at our school by our beloved model and inspiration of lifelong leadership, Mr. Ralph E. Waite.

Congratulations to the following students:

Kindergarten: Elliott Lehman, Jacob Cook, Dakota Anthony

Grade 1: Avery Isley, Skylar Coleman, Jace Chavez

Grade 2: Savannah Sprague, Nyah Griffith, Ryan Toth, Kyle Pickens, Dylan Murray, Anna Mernick

Grade 3: Aaliyah Horvath, Lucy Berzansky, Yaya Song

Grade 4: Fizza Malik, Lydia Tighe, Jordan Sliwinski, Rilynn Griffith

Grade 5: Paige Armstrong, Hope Bubnick, Emma Willets, Cody Cunningham, Liam Cunningham, James Inglis



Waite Gives Back: Halloween Canned Food Drive!

What: ONE DAY CANNED FOOD DRIVE!

When: Friday, October 29, 2021

Let's work together to fill our front lobby to help those in need in Medina County! Thank you in advance for your support!

Halloween Spirit Day!

The students will have an opportunity to celebrate a Halloween Spirit Day on Friday, October 29th! Students are welcome to wear their costumes to school that day. Please make sure that costumes are school appropriate, comfortable for recess/gym, and do not include any weapons, blood, etc. Parents are welcome to socially- distance on the hill in front of the school or along the furthest parking lot by the lacrosse field to watch the parade which will start at 2:30. If it's raining, we will have an indoor parade and send out photos to families! The students will then enjoy a special Halloween treat and a schoolwide Halloween fun activity.



Update from our Counselor, Miss Andrews!



As your school counselor for the 2021-2022 school year, I am excited to provide services to our school community that promote social/emotional and academic growth! I will be at Waite Monday-Wednesday and Friday. I am passionate about supporting students by teaching new skills that allow them to express their emotions and utilize various coping strategies in order to regulate in and out of the classroom. We often think these skills are acquired naturally, but like academics, continued practice and exposure is so important, and I am looking forward to providing those opportunities to your student. Some of my services include small groups, individual counseling, and whole classroom lessons. Please

join my <u>Google Classroom</u> to find resources for students and parents. If I can be of any assistance to you or your student throughout this year please complete my <u>Referral Form</u>, send me an email or call my office!

This month our focus will be on **The Zones of Regulation**. Each class will have the opportunity to learn about the emotions that belong in each of the 4 Zones: green, blue, yellow and red.

- Green Zone: Happy, calm, ready to learn
- Blue Zone: Sad, tired, sick, lonely, bored
- Yellow Zone: Silly, excited, worried, frustrated, loss of control
- Red Zone: Extreme feelings of anger, out of control, explosive behavior

Providing this language to students supports their ability to verbalize the emotions they are feeling and recognize a need to use a coping strategy. We will discuss how having all emotions is normal, but that we feel our best in the Green Zone when we are happy, calm and ready to learn. I particularly love this program because it creates a common language that can also be used at home. If you'd like to start talking about the Zones at home I highly recommend the movie *Inside Out* to spark some great conversations. Look out for more information as students learn how to recognize they are in each zone, what behaviors they may expect, and what tools will help!

What Zone Are You In?			
Blue	Green	Yellow	Red
	A		
Sick Sad Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Mean Yelling/Hitting Disgusted Out of Control

Upcoming Community Event!



Highlights from the Month!









Fifth Grade Steel Drum Ensemble performing for 2nd grade lunches!









